

REASONS TO PRAISE GOD

ORCHARD VALLEY CHRISTIAN CHURCH - 3 APRIL 2022

EPHESIANS

1. Praise God because God Chooses You (3-6)

EPHESIANS 1

2. Praise God because
Jesus Redeems You and
you are given an
inheritance (7-12)

EPHESIANS 1

3. Praise God because
you are sealed with the
Holy Spirit (13-14)

EPHESIANS 1

1. Praise God because God Chooses You (3-6)

EPHESIANS 1

according to the purpose of his will...
to the praise of his
glorious grace (v. 6) with which
he has blessed us in the Beloved

EPHESIANS



EPHESIANS

2. Praise God because
Jesus Redeems You and
you are given an
inheritance (7-12)

EPHESIANS 1

So that we who were the first to hope in
Christ might be **to the praise of**
his glory (v12).

EPHESIANS



EPHESIANS

3. Praise God because
you are sealed with the
Holy Spirit (13-14)

EPHESIANS 1

who is the guarantee of our inheritance
until we acquire possession of it **to**
the praise of his glory (v14)

EPHESIANS



EPHESIANS

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PRAISE GOD because:

- God chooses you**
- Jesus redeems you and you are given an inheritance**
- You are sealed with the Holy Spirit**

Ephesians 1





HOW MUCH SHOULD WE
PRAISE GOD?

Is praising God more
important than eating and
sleeping?

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How much do I want to
grow spiritually?

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Benedictine Monks

Brother John - (John the
Baptist)

Benedictine daily schedule

Divine Office Daily Schedule

3:10a - Rise **3:25** - Matins


6:00 - Angelus, Lauds, Mental Prayer **7:45** - Prime

9:30a - Terce, Conventual Mass **12p** - Sext, Angelus, Lunch

2:00 - None, Manual Labor (**3p** Sundays & Feast Days)

4:30 - Rosary **5:00** - Vespers, Mental Prayer

6:00 - Supper **7p** - Compline, Angelus, Retire



The Eight Prayer Watches

‘What time is your watch?’

- 1) 6-9p, DIVINE BEGINNINGS – THE FATHERHOOD OF GOD**
- 2) 9p-12a, EXALT THE NAME OF THE LORD - PRAY FOR THE NATIONAL CHURCH**
- 3) 12-3a, FOR DIVINE GOVERNMENTS TO OVERRULE HUMAN DECREES, Spiritual Warfare**
- 4) 3-6a, YOUR WILL BE DONE ON EARTH AS IN HEAVEN**

5) 6-9a, THE OUTPOURING OF THE HOLY SPIRIT

6) 9a-12p, FOR A CRUCIFIED LIFE - FORGIVENESS & HEAL RELATIONSHIPS

7) 12-3p, CHANGE THE MEDIA LANDSCAPE - DELIVERANCE FROM EVIL

8) 3-6p, THE HOUR OF PRAYER - TIME TO SHAPE HISTORY

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The Apostles Creed

**I believe in God, the Father Almighty,
and in Jesus Christ His only Son, our
Lord, who was conceived by the Holy
Spirit, was born of the Virgin Mary,
suffered under Pontius Pilate, was
crucified, dead and buried.**

**He descended into Hell. The third day
He rose again from the dead**

He ascended into Heaven, and is seated at the right hand of the throne of God, the Father Almighty; from there He will come to judge the living and the dead.

**I believe in the Holy Spirit,
in one holy, worldwide Church, the
communion of saints, the forgiveness of sins,
the resurrection of the body, and in life
everlasting, Amen.**

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