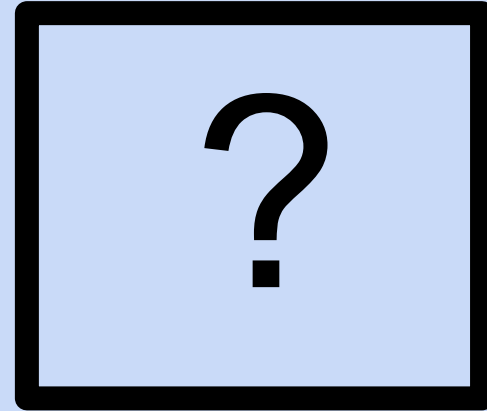




Train for Trust,
Pray for Deliverance

What do you turn to when you're bored?



When you're not feeling well, who do you call?



Nobody. I'm fine.
(nobody needs to
know about this)

What do you do in a crisis?



Identify the triggers you're experiencing, slow down your thought process, name feelings that are emerging, and determine in a level-headed way a good course of action



Train for Trust,
Pray for Deliverance

Isaiah 36-37

deja vu...

Isaiah 7?!



Isaiah 36



“trust” x 7

who do you TRUST?

⁴ And the Rabshakeh said to them, “Say to Hezekiah, ‘Thus says the ^pgreat king, the king of Assyria: On what do you rest this **trust** of yours? ⁵ Do you think that mere words are strategy and power for war? In whom do you now **trust**, that you have rebelled against me? ⁶ ^qBehold, you are **trusting** in Egypt, that broken reed of a staff, which will pierce the hand of any man who leans on it. Such is Pharaoh king of Egypt to all who **trust** in him. ⁷ But if you say to me, “We **trust** in the LORD our God,” is it not he ^rwhose high places and altars Hezekiah has removed, saying to Judah and to Jerusalem, “You shall worship before this altar”? ⁸ Come now, make a wager with my master the king of Assyria: I will give you two thousand horses, if you are able on your part to set riders on them. ⁹ How then can you repulse ^sa single captain among the least of my master’s servants, when ^tyou **trust** in Egypt for chariots and for horsemen? ¹⁰ Moreover, is it without the LORD that I have come up against this land to destroy it? ^uThe LORD said to me, “Go up against this land and destroy it.””

Mockery

Questioning who they trust in: **Pharaoh, YHWH?**

Let’s make a deal...

Ridicule

Your God told me to

“deliver” x 7

who will DELIVER you?

¹³ Then the Rabshakeh stood and called out in a loud voice in the language of Judah:
“Hear the words of the great king, the king of Assyria! ¹⁴ Thus says the king: ^w“Do not
let Hezekiah deceive you, for he will not be able to **deliver** you. ¹⁵ Do not let Hezekiah
make you trust in the LORD by saying, “The LORD will surely **deliver** us. This city will not
be given into the hand of the king of Assyria.” ...¹⁸ Beware lest Hezekiah mislead you
by saying, “The LORD will **deliver** us.” Has any of the gods of the nations **delivered** his
land out of the hand of the king of Assyria? ¹⁹ ^yWhere are the gods of ^zHamath and
^zArpad? Where are the gods of Sepharvaim? ^aHave they **delivered** Samaria out of my
hand? ²⁰ ^bWho among all the gods of these lands have **delivered** their lands out of my
hand, that the LORD should **deliver** Jerusalem out of my hand?”

**Disrespects their
request**

**Heaps honor on the
king of Assyria, but
doesn't use
Hezekiah's title**

**Beware Hezekiah!?
Planting doubt**

**Terrorizing
language**

Like the serpent, his words sound appealing...

¹⁶ Do not listen to Hezekiah. For thus says the king of Assyria: **Make your peace with me²** and come out to me. Then each one of you will eat of **his own** vine, and each one of **his own** fig tree, and each one of you will drink the water of **his own** cistern, ¹⁷ until ^xI come and take you away to a land **like your own** land, a land of grain and wine, a land of bread and vineyards.



Gosh, it sounds like God's voice...

Is that a familiar Israelite blessing?

The Lord's actual words

Isaiah 27:2 In that day,

"A pleasant vineyard,^[a] sing of it!

3 I, the Lord, am its keeper;

every moment I water it....

5 Or let them lay hold of my protection,

let them make peace with me,

let them make peace with me."

6 In days to come^[b] Jacob shall take root,

Israel shall blossom and put forth shoots

and fill the whole world with fruit.

Isaiah 32:18 My people will abide in a peaceful habitation,
in secure dwellings, and in quiet resting places.

Micah 4:4 (a contemporary of Isaiah!)

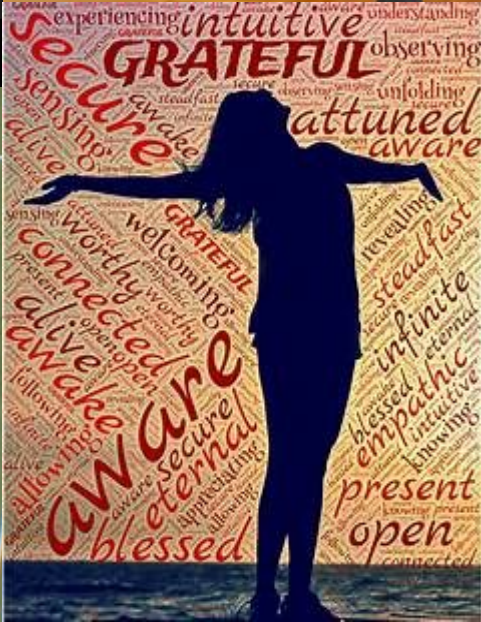
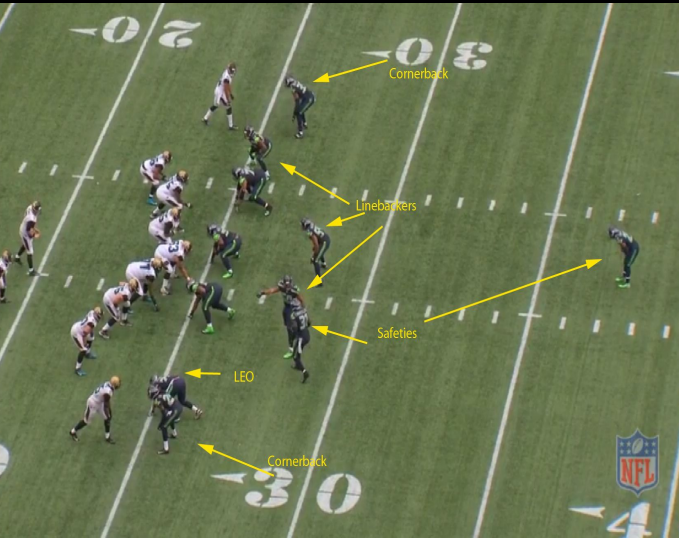
Everyone will sit under their own vine and under their own fig tree, and no one will make them afraid, for the LORD Almighty has spoken.



Don't be fooled...

“Has my master sent me to speak these words to your master and to you, and not to the men sitting on the wall, who are doomed with you to eat their own dung and drink their own urine?”





A landscape of rolling hills at sunset. The sky is a mix of orange, yellow, and blue, with some clouds. The hills are silhouetted against the sky, and the overall color palette is dominated by blues and oranges. The text is centered over the image.

Train for Trust,
Pray for Deliverance

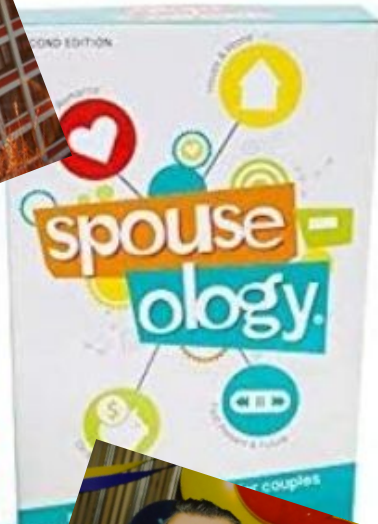
How do we TRAIN FOR TRUST?

- “We can combat racial battle fatigue and also lighten our loads by taking care of our health, or we become vulnerable to racial battle fatigue simply because we fail to do the basics: eating well, getting sleep, and exercising.” (Healing Racial Trauma, 37)
- Recognize personal patterns (eg: serving the church, mistrusting authority, wanting to flee disappointment)
- Practice spiritual disciplines (daily journaling, personal prayer time beyond scripture-reading, monthly spiritual direction).



Cultivate marriage to **STRENGTHEN** over time





Feb 14th, Sunday @ 3 pm

bit.ly/ovcc-hangout

A Valentine's Day Gift

NURTURE your friendships



How had they trained for trust? Learning not to react

SILENCE (don't negotiate with terrorists!)

²¹ But they were silent and answered him not a word, for the king's command was, "Do not answer him."²² ^cThen Eliakim the son of Hilkiyah, who was over the household, and Shebna the secretary, and Joah the son of Asaph, the recorder, came to Hezekiah with their clothes torn, and told him the words of the Rabshakeh.

Grieve, mourn together

Share concerns

Hezekiah Seeks Isaiah's Help

³⁷ ^dAs soon as King Hezekiah heard it, he tore his clothes and covered himself with sackcloth and went into the house of the LORD.² And he sent Eliakim, who was over the household, and Shebna the secretary, and the senior priests, covered with sackcloth, to the prophet ^eIsaiah the son of Amoz.³ They said to him, "Thus says Hezekiah, This day is a day of distress, of rebuke, and of disgrace; ^gchildren have come to the point of birth, and there is no strength to bring them forth.⁴ ^hIt may be that the LORD your God will hear the words of the Rabshakeh, whom his master the king of Assyria has sent to mock the living God, and will rebuke the words that the LORD your God has heard; therefore lift up your prayer for ⁱthe remnant that is left."

Identify/Process Emotions

Ask others to pray...

How do you PRAY for DELIVERANCE?

Go straight to God

¹⁴ Hezekiah received the letter from the hand of the messengers, and read it; and Hezekiah went up to the house of the LORD, and spread it before the LORD. ¹⁵ And **Hezekiah prayed** to the LORD:

Declare who God is (Creator)

¹⁶ “O LORD of hosts, God of Israel, ^senthroned above the cherubim, you are the God, you alone, of all the kingdoms of the earth; ^tyou have made heaven and earth.

Ask God to Hear and See

¹⁷ ^uIncline your ear, O LORD, and hear; open your eyes, O LORD, and see; and hear ^vall the words of Sennacherib, which he has sent to mock the living God.

Acknowledge Idols get destroyed

¹⁸ Truly, O LORD, ^wthe kings of Assyria have laid waste all the nations and their lands, ¹⁹ and have cast their gods into the fire. For they were no gods, but the work of men’s hands, wood and stone. Therefore they were destroyed.

God, Establish Your Renown

²⁰ So now, O LORD our God, save us from his hand, that all the kingdoms of the earth may know that you alone are the LORD.”

Epilogue: God Comes Thru

Isaiah 37:5 When the servants of King Hezekiah came to Isaiah, ⁶ Isaiah said to them, “Say to your master, ‘Thus says the LORD: **Do not be afraid** because of the words that you have heard, with which the young men of the king of Assyria have reviled me. ⁷ Behold, ^jI will put a spirit in him, so that ^khe shall hear a rumor and return to his own land, and ^lI will make him fall by the sword in his own land.’”

21 “Because you have prayed to me concerning Sennacherib King of Assyria...33 He shall not come into this city...or cast up a siege mound against it...35 For I will defend this city to save it, for my own sake and for the sake of my servant David.”

36 And the angel of the Lord went out and struck down 185,000 in the camp of the Assyrians. And when people arose early in the morning, behold, these were all dead bodies. 37 Then Sennacherib king of Assyria departed and returned home and lived at Nineveh. 38 And as he was worshiping in the house of Nisroch his god...his sons, struck him down with the sword. And after they escaped...Esarhaddon his son reigned in his place.”

Train for Trust

**SILENCE (don't negotiate
with terrorists!)**

Grieve, mourn together

Share concerns

Identify/Process Emotions

Ask others to pray...

Pray for Deliverance

Go straight to God

**Declare who God is
(Creator)**

Ask God to Hear and See

**Acknowledge Idols get
destroyed**

God, Establish Your Renown

A landscape of rolling hills at sunset. The sky is filled with vibrant orange and yellow light from the setting sun, transitioning into a deep blue and purple hue. The hills are silhouetted against the bright sky, creating a layered effect. The overall color palette is dominated by blues and oranges. Centered over the image is the text "Train for Trust, Pray for Deliverance" in a clean, white, sans-serif font.

Train for Trust,
Pray for Deliverance