



GOING the DISTANCE

HEBREWS 12: 1-17



Orchard Valley Christian Church, 19 April, 2020

GOING the DISTANCE

HEBREWS 12: 1-17

Mark Hanson-Kahn

GOING the DISTANCE: **ENDURE**

HEB 12:1 Let us run with endurance

Heb 12:2 Jesus ... endured the cross

Heb 12:3 Consider him who endured

Heb 12:7 For discipline ... you have to endure



1. An Invitation to Run

AN INVITATION TO RUN Heb 12:1-2

1. Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance **the race that is set before us**, 2 looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God.



AN INVITATION TO RUN

INVITATION to run the race

*and be a unique strand in
the living story of faith*

AN INVITATION TO RUN

Therefore surrounded by so great a cloud of witnesses

run with endurance

looking to Jesus, the founder and perfecter of our faith





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AN INVITATION TO RUN

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the living story of faith



AN INVITATION TO RUN

lay aside every weight, and
sin which clings so closely



AN INVITATION TO RUN

We are in the race

We are each a unique strand

Endure by laying aside every weight





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2. THE IMPOSITION OF DISCIPLINE

THE IMPOSITION OF DISCIPLINE

do not regard lightly the discipline of the Lord,
nor be weary when reproved by him

THE IMPOSITION OF DISCIPLINE



The purpose of God's
discipline is not to punish
us but to transform us.

Jerry Bridges

[@jerrybridges](#)

“

For the LORD
corrects those
he loves, just as
a father corrects
a child in whom
he delights.

PROVERBS 3:12 (NLT)



THE IMPOSITION OF DISCIPLINE

For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it

Heb 12: 11



THE IMPOSITION OF DISCIPLINE

Therefore:

Welcome Discipline

Allow God to Transform you Bit by Bit

He disciplines us out of Love



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3. The Relinquishment of Reward



The Relinquishment of Reward

In your struggle against sin ... resist to the point of shedding your blood v4

lift your drooping hands and strengthen your weak knees v12

Strive for peace with everyone, and for holiness v14

Let no “root of bitterness” spring up and cause trouble v15

The Relinquishment of Reward

Do not be unholy like Esau v 16-17

Gen 25: 29-34



The Relinquishment of Reward

Esau ... he was rejected, for he found no chance to repent, though he sought it with tears. v17

The Relinquishment of Reward



GO THE DISTANCE

<https://www.youtube.com/watch?v=mk48xRzuNvA>

GOING THE DISTANCE

1. Accept the INVITATION TO RUN
2. Submit to the IMPOSITION OF DISCIPLINE
3. Don't RELINQUISH YOUR REWARD



GOING the DISTANCE

- (1) **In anticipation of Eternal joy** v2
'Who for the Joy set before him'
- (2) **In Communion with Jesus** v2
'Looking to Jesus, leader and perfecter'
- (3) **With the Companionship of the saints** v1
'So great a cloud of witnesses'



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1. AN INVITATION TO RUN
2. THE IMPOSITION OF DISCIPLINE
3. THE RELINQUISHMENT OF REWARD

William Wilberforce: Abolition of Slavery







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